

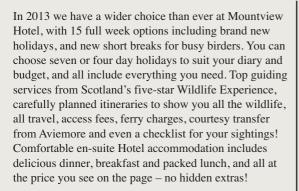




April 2012

Heatherlea announces 2013 holiday dates

Great birding and wildlife adventures in Scotland and around the world.



Overseas we offer an enticing range of established favourites and exciting new destinations – details inside!

Heatherlea become a Corporate Member of BTO
In difficult times, Heatherlea continue to invest in the welfare of wildlife, and we are delighted to have become a Corporate Member of the British Trust for Ornithology, a charity which does a great deal of good work, both for birds and wildlife in general. Please take a look here, www.bto.org for more information. We also hope to be involved in the exciting BTO 'Cuckoo Tracking' Project later in the year.

Follow us on Facebook and Twitter! facebook builter: Daily news updates, access to Trip Reports and new holidays, and chat with the Heatherlea birding community. Follow us here @heatherleabirds, and here www.facebook.com/HeatherleaBirdwatching.

AA

Birdfairs at London, Edinburgh, Rutland and Martin Mere – see you there!
We will be travelling around the country this year, hoping to meet many of you in person. The first event is London Wild Bird Watch, April 20 – 22, where Kevin and Emma will be delighted to chat with you over one of Caryl's shortbreads! See back page for our great competition to win a holiday, in association with LWBW.

On other pages

train in 2013. See page 12.

Come to St Kilda in 2012! Due to cancellation we have a single place for a gentleman on our July adventure to the Hebrides and St Kilda. Sharing on the boat, single room on the Hebrides. See page 5.

Heatherlea rarity featured on front page of Birdwatch magazine The famous Heatherlea Brunnich's Guillemot – *see page 7*.

Camargue by train a big success, now for Holland!
Our new holidays in France by train this spring were very successful, even the efforts of Eurostar to keep us on the continent couldn't dampen our spirits! Try Camargue or choose Holland and Flanders by

NEW! Trinidad and St Lucia Next year we offer St Lucia with Trinidad as a change from Tobago. With five endemic birds and many other specials not found in Trinidad, it's an exciting option. The whole trip is run on international British Airways flights, so no waiting for local 'hopper' services. *See page 13*.

THE HEATHERLEA TIMES Editor – Kevin Shaw Assistant Editor – Emma 'scoop' McBride Proofreader/Database Editor – Isabel 'copyready' Kirkwood Hotel Correspondent – Amanda Craik Tea and sympathy – Caryl Shaw Office Junior – Sophie 'I'm bored' Young, aged 12 Roving reporters – Ian Ford, Jonny Pott, John Poyner, Dave Pullan Photo contributors to this issue – Mark Brazil, Julia Burton, Ian Ford, Cristian Jensen, Neil McIntyre Jonny Pott, John Poyner, Dave Pullan, Graeme and Karen Searle, Josele Saiz, Kevin Shaw, Glenn Verneersch. Publisher – J Thomson Colour Printers, Glasgow Production – Hazel 'have you done the copy yet' Still, Thomson Printers Design – Wagtail Graphics, Fort William c. Heatherlea Productions, March 2012. Written and prepared for publication at Mountview Hotel, Nethy Bridge. 'The Heatherlea Times' is a free paper which can be circulated to anyone you like, especially those you might want to join on holiday!

Mountview Hotel – your gateway to Scottish birds and wildlife

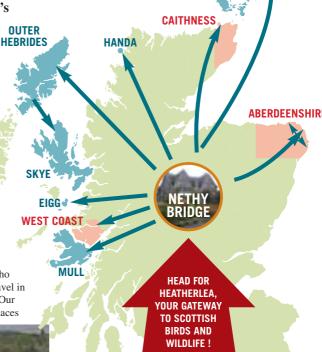
RELAX! Heatherlea are Scotland's premier birding holiday company, offering five-star* Higuided holidays combined with three-star* Hotel services. Everything you need for a great guided wildlife holiday!

Heatherlea is famous for great guiding and personal care, and our crack guiding team are known far and wide for their birding skills. You may be tempted to 'do it yourself', but don't forget how much extra you will spend on fuel, guided trips, lunches, ferries, wildlife watches and access to reserves. With Heatherlea, everything is included in the price you pay before you join, so there are no extras. You stay in our own AA three star Small Hotel, enjoy meals prepared by Chefs who have earned two rosettes for good food, and travel in large minibuses which are great mobile hides. Our holidays take you from Strathspey to special places



as far away as Orkney, the Isles of Lewis and Harris, and Mull, places where wildlife is special, and all travel, accommodation and food is included. We also transfer you to rail or bus links at no extra charge. We think our holidays offer terrific value compared to 'do it yourself' options.

Above all, your holiday includes the services of a Heatherlea Guide, a very valuable asset! Much more than a friend to help you identify birds, or a driver to take you to special places, your Heatherlea Guide plans your entire holiday, from briefing on the first evening to round-up on the last. He organises everything to suit wildlife, weather



RKNEY

and your progress through the week, and when not leading Heatherlea trips, is probably busy birding locally and liaising with his Heatherlea colleagues. He knows where the birds have been showing, and the best route to maximise your chances. We think you will see far more wildlife with a Heatherlea Guide than under your own steam, and of course you can relax and enjoy your holiday, as we do the planning.

Ian Ford, John Poyner, Jonny Pott and Dave Pullan have all been with Heatherlea in Scotland for many years, new guide Phil Knott joins in early April, and with Kevin's 22nd season in 2012, our in-house knowledge is unbeatable. Highly skilled birders and real 'people people' who just love to show you the wonderful wildlife of the Scottish Highlands. Join Heatherlea, and discover your gateway to the wildlife of the Highlands!



HEATHERI FA NEWS

2012 HOLIDAYS BASED AT MOUNTVIEW HOTEL

SPECIAL OFFER

To offer you the very best, we still have some vacancies this year at great discounts. Save up to £200! All discounts are subject to availability, and these prices can only be guaranteed for a few more weeks, so don't delay! These are net prices which include any 'Been Before' discount. Remember we are delighted to welcome single travellers at no supplement here at Mountview Hotel. To book ring 01479 821248 or email info@heatherlea.co.uk

Spring into Scotland Apr 14, Apr 21

Price £1045, now £895.

Birding the Highlands in May Apr 28, May 5, May 12 Price £1045, now £945

High Season in the Highlands May 19, May 26, Jun 2, Jun 9 Price £1045, now £945.

Highlands and Orkney Jun 16, Jun 23

Price £1095, now £995.

Natural History Jun 30, Jul 7

Price £1045, now £895.

Eagles, Divers and Dotterel Jul 14, Jul 21

Price £1045, now £895.

The Top 30 Jul 28, Aug 4, Aug 11

Price £1095, now £945.

Highlands and remotest Aberdeenshire Aug 18, Aug 25

Price £1045, now £845.

Scottish Specials and Autumn Migration Sept 1, Sept 8, Sept 15

Price £1045, now £895.

Scottish Specials and the Outer Limits Sept 22, Sept 29, Oct 6

Price £1145, now £995.

The Top 20 Oct 13, Oct 20, Oct 27

Price £1045, now £895.

Capercaillie Short Breaks Sat Nov 3, Tues Nov 6, Sat Nov 10, Tues Nov 13

Price £520, 'Been Before' price £495.

Last and First Birds of the Year Sat 29 Dec 2012 - Sat 5 Jan 2013

Price £1095, now £945.

Discount price offer ends 30 April 2012.

SWAROVSKI BINOCULARS – FREE TO USE!

These brand-leading telescopes and binoculars feature razor-sharp clarity and superb image quality. Join us in Nethy Bridge in 2012, and you can borrow a pair of binoculars **FREE OF CHARGE** to use during your stay. We will issue bins before you go birding on the first morning, and you may keep them until you leave Heatherlea. To be sure of your pair, please book in advance. 'An excellent extra service' – VisitScotland



NEW! 'BIRDS of the SCOTTISH HIGHLAND

We know many of you prefer a short break instead of a full week, so we have launched new 'Birds of the Scottish Highlands' holidays at very affordable prices.

Come and enjoy the birds of forest, moor, mountain and glen, and though we don't want to spend much time travelling in our minibus, the local coast is a superb habitat we mustn't neglect. Everything is done the Heatherlea way, on a great break which won't break the budget, offering you personal service as a member of a small, exclusive group. Your expert guide will be with you for three days of top quality birding, happy to help you with ID, optics and anything else you need. Brilliant wildlife watching plus accommodation and food at our famous Mountview Hotel - tremendous value!

Obviously our itinerary on such a short holiday is weather dependent, but you can reasonably expect to see 80+ species including many of Scotland's most sought-after birds.



Choose either a three-night break (Sat – Tues) for only £445*

*extra night arranged separately should you wish.

 $\begin{array}{ll} \text{or a four-night break} & (Tues-Sat) \\ \text{for only $\pounds 495$} & \text{no single supplement} \end{array}$

2012 Dates	
3-day break	4-day break
Sat pm – Tues pm	Tues pm – Sat am
Sat 21 July – Tues 24 July	Tues 24 July – Sat 28 July
Sat 4 Aug – Tues 7 Aug	Tues 7 Aug – Sat 11 Aug
Sat 18 Aug – Tues 21 Aug	Tues 21 Aug – Sat 25 Aug
Sat 25 Aug – Tues 28 Aug	Tues 28 Aug – Sat 1 Sept
Sat 1 Sept – Tues 4 Sept	Tues 4 Sept – Sat 8 Sept
Sat 8 Sept – Tues 11 Sept	Tues 11 Sept – Sat 15 Sept
Sat 15 Sept – Tues 18 Sept	Tues 18 Sept – Sat 22 Sept
Sat 29 Sept – Tues 2 Oct	Tues 2 Oct — Sat 6 Oct

DAY 1 Sat or Tues

Arrival, welcome, dinner and briefing. Don't forget our courtesy collection service from Aviemore on Saturday (three night break only).

DAY 2 Sun or Wed

We begin in local Caledonian pine forest to see Crested Tit, Scottish (Parrot) Crossbill, Roe Deer and Red Squirrel, before travelling to our own private forested estate for Capercaillie. Osprey will be present till mid-September, and Red- and Black-throated Diver can be seen in breeding plumage inland until early August, then

2012 GO FURTHER! Birding holidays to the islands and far west coast.

Latest update! Holidays not listed are now full.

NEW! OUTER HEBRIDES for birders Sat 26 May – Fri 1 June Price £1145 Single supplement £140. Max eight guests. **One place left.**

MULL, IONA and the Treshnish Isles Wed 23 May – Sat 26 May Three spaces left. Price £795 Single supplement £75. Max eight guests. Leader

SCOTTISH ISLAND ADVENTURE (by land and ferry) Mon 4 June – Mon 11 June, Price £1525 Single supplement £140. Max ten guests. One place left.

ST KILDA and the HEBRIDES Wed 4 July – Fri 13 July One place left.

Price £1995 Shared cabins. Ssupp £60 (land only). Max ten guests. **Late availability** of just one space for a single gentleman. Shared cabin on the St Kilda part of the holiday, single room on the Hebrides section.



S' Short breaks – from only £445!

later at the coast. We visit the Black Isle to check passing waders, terns and gulls as the breeding season draws to a close.

DAY 3 Mon or Thurs

We visit moorland and glen looking for Golden Eagle, and we should also see Red Grouse, Slavonian Grebe in breeding plumage, and Mountain Hare. Black Grouse return to lekking areas in September. With young raptors on the wing, summer visitors still around, and autumn migration picking up pace, today should be filled with good birding!

DAY 4 Tues or Fri

A complete contrast as we visit the Moray Coast, to investigate the autumn migration featuring waders, terns, gulls and in September the first

arriving seaduck. Gannet, auks, Goosander, scoters and much more on this day. Farmland birds may include Corn Bunting, Tree Sparrow, Grey Partridge and Yellowhammer.

The three-night break ends with a roundup around 6pm after our return to Mountview Hotel. The four-night break continues with dinner and a roundup later in the evening.



DAY 5 (four night break only) Sat

Breakfast and depart. Don't forget our courtesy service to transport links in Aviemore

What's included

- three days birding with Heatherlea, the Scottish mainland's only five-star Wildlife Experience. You will be with one of our expert guides throughout your days in the field.
- three (or four) nights dinner, bed and breakfast at the famous Mountview Hotel in Nethy Bridge, headquarters of Heatherlea.
- all transport costs including fuel, access to reserves and private estates.
- Heatherlea checklist to record your sightings
- packed lunch for each day in the field.
- complimentary transfers from Aviemore transport links on Saturdays
- free loan of top quality Swarovski optics during your stay.

Whats not included

- travel to Nethy Bridge, personal insurance, personal expenses including drinks at the bar, transfers between Nethy Bridge and Aviemore transport links on weekdays



SHETLAND and ORKNEY Sat 23 June – Sun 1July One place left Price £1695 Single supplement £160. Max ten guests.

WEST COAST WILDLIFE Tues 26 June – Sat 30 June Spaces.

Price £795 Single supplement £80. Max 7 guests.

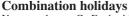
SHETLAND for birders Sat 22 Sept – Sat 29 Sept, Sat 29 Sept – Sat 6 Oct Price £1325 Single supplement £140. Maximum ten guests. **Spaces on both dates**

FAIR ISLE for birders Sat 6 Oct – Fri 12 Oct Twin/double remaining.

Price £995 Shared accommodation only. Maximum nine guests.

ISLAY and JURA Sat 27 October – Wed 31 October Spaces

Price £895 Single supplement £60. Max eight guests.



You can take any Go Further! Scottish holiday singly, but most are conveniently arranged to be enjoyed alongside a second Heatherlea week in the Highlands. If you combine two holidays, you save time and travel costs. Many Heatherlea clients are turning to a longer stay in Scotland in preference to overseas holidays, and stay for two or even three weeks, making good use of birding time and minimising travel expenses. We will help with the details as you plan your personal visit to the glorious birding hotspot of northern Scotland. We can easily arrange a night or two of extra accommodation, arrange for dinner in our popular restaurant, and even provide a basic laundry service if you stay two or more weeks!



2012 Overseas holidays at a glance

For more detail please see website or ask for an Extra Pack. Holidays not listed are now full.

HUNGARY in Spring

Forest specialities and the Hortobagy National Park Sat 19 May – Sat 26 May 2012 Price: £1445pp Single supp: £120pp Leader Gerard Gorman, Max 12 clients. From rare woodpeckers and owls, to raptors, water birds, warblers and more, one of the best bird lists in Europe awaits!

SPAIN - PYRENEES, STEPPES and EBRO DELTA



A rewarding Grand Tour of Spain's eastern birding locations

Sun 3 Jun – Wed 13 Jun 2012

Price: £1645pp Single supp: £145pp

Leader Cristian Jensen, plus another from our regular team with more than 7 clients. Max 12 clients. A great exploration at a relaxed pace from the high Pyrenees to the steppes of central Spain and lowlands of the Ebro delta. This gives much wider range of birds than most Spanish birding holidays. One space remaining!

YELLOWSTONE and GRAND TETON

Birds, mammals, Old Faithful and more

Mon 16 July – Sun 29 July 2012

Price: £3895pp Single supp: £695pp

Leader Ian Ford plus experienced local guides. Max 14 clients. See the geyser basins, watch Old Faithful and enjoy a raft trip on the Snake River as we seek Gray Wolf, Black and Grizzly Bear, Elk, Moose, Beaver – an American safari! Birds include Trumpeter Swan, Mountain Bluebird, Lazuli Bunting, and more.

ICELAND

'Complete Iceland' – Birds, cetaceans and geology.
Thurs 26 July – Thurs 2 August 2012
Price: £2445pp Single supp: £250pp
Leader Andy Jones, Max 12 clients. A complete tour designed to give you the very best, on an unforgettable and thorough exploration. Want to 'do' Iceland? Look no further!

NEW for 2012! ANDALUCIA and Northern MOROCCO Specialities and autumn

Specialities and autumn migration in southern Spain and Morocco



Tues 18 September – Tues 25 September 2012
Price: £1495pp Single supp: £140pp
Leader Josele Saiz, joined by Ian Ford with more than seven clients. Max 12 clients. A great new idea, visiting both sides of the Straits of Gibraltar to watch Europe's most important bird migrtion.

ECUADOR and GALAPAGOS

Wildlife of Galapagos and birding mainland Ecuador Sat 29 September – Sat 6 October 2012 Price: £6495pp Single supp: £495pp A once-in-a-lifetime holiday to enjoy Ecuador and the incredible Galapagos.

HUNGARY in Autumn

Spectacular Crane migration and absorbing autumn birding

Sat 29 September – Sat 6 October 2012
Price: £1395pp Single supp: £130pp
Leader Gerard Gorman, Max 12 clients.
A tremendous autumn feast of birds, centring around the spectacular migration of up to 70,000 Common Cranes.

NEW for 2012! BRAZIL

South American rainforest birding, at a relaxed pace. Thurs 25 October – Sat 3 November 2012



Price: £2495pp Single supp: £175pp
Leader Chris Townend, with experienced local guides.
Max 12 clients. On this brand new trip we seek a big list (250 – 300 species) in the Atlantic rainforest, while offering value for money on a relatively short holiday.

BOTSWANA

A short, high quality big game and bird safari
Fri 30 November – Mon 10 December 2012
Price: £4295pp Single supp: £200pp
Leader Dave Pullan plus experienced local guides, Max
12 clients. A fabulous birding and big game safari with 8
nights in high quality lodges and luxury tented camps
amongst the finest in the country. The perfect short safari!



FOCUS on – NEW HOLIDAY! Birders' Scottish Yearlist

Four ticks in a row!

w/c 5, 12, 19, 26 January 2013

Prices from: £445 - £795 no single supplement.

Heatherlea are pleased to announce a brand new holiday here in the Highlands in the first four full weeks of 2013. This will be great birding fun, so get your year list off to a cracking start! Top priorities will be resident special birds you have to visit Scotland to see, and we will be spending time inland looking for our key targets. Next we seek a host of northern winter visitors, meaning you will have 'done' Scotland for your 2013 birdlist. We spend a lot of time at the coast, particularly targeting rarities. King Eider and Surf Scoter are regular, others more than possible (read about our Brunnich's Guillemot!). Target around 120 quality ticks for your yearlist. Holidays are based here at Mountview Hotel, with all transport and expert guidance from our resident team. Here is a list of the most likely sought-after species;

Key targets: Capercaillie, Black Grouse, Ptarmigan, Crested Tit Scottish (Parrot) Crossbill, Golden Eagle, White-tailed Eagle



Probables for your list:

Whooper Swan, Pink-footed Goose, Greylag Goose, Greater Scaup, Long-tailed Duck, Common Scoter, Velvet Scoter, Red-breasted Merganser, Goosander, Red Grouse, Red-throated Diver, Black-throated Diver.

Great Northern Diver, Slavonian Grebe, Red Kite, Purple Sandpiper, Iceland Gull, Dipper, Hooded Crow, Raven, Tree Sparrow, Twite, Redpoll, Snow Bunting, Yellowhammer, Corn Bunting



Highly possible:

Bean Goose, Barnacle Goose, Brent Goose, Pintail, King Eider, Surf Scoter, Grey Partridge, Hen Harrier, Goshawk, Merlin, Peregrine, Golden Plover, Spotted Redshank, Glaucous Gull, Waxwing, Great Grey Shrike, Brambling, Common Crossbill

Outside chance/rarities

(by no means a definitive list, though all these have been seen at this time of year)

Ross' Goose, Red-breasted Goose, American Wigeon, Green-winged Teal, American Black Duck, Ring-necked Duck, Black Scoter, White-billed Diver, Red-necked Grebe, Great Bittern, Bonaparte's Gull, Ring-billed Gull, Ross's Gull, Ivory Gull, Brünnich's Guillemot, Little Auk

Plus of course many commoner species - expect around 120 or more for your list!

Holidays run from Saturday - Saturday, with the option of just doing the first three days, or leaving at any point afterwards. During the first three days we try to find all the 'key species' and also visit the coast, meaning that busy birders can head home hopefully having ticked around 100 birds, including all the Scottish specials. After this, guests may leave Heatherlea, or choose to 'add-on' extra nights/days birding. We recommend you stay for the full week, at a bargain price of £795. We will continue to maximise the list during the rest of the week, perhaps covering ground more than once for things we have missed.

Price from Sat pm to Tues pm is £445pp fully inclusive. Each extra DBB costs £50, as does each extra day birding. Add 4 x DBB plus 3 x days birding = $7 \times £50 = £350 + £445 = £795$ for a full week birding Scotland with a big yearlist in mind! Your room will be held available so you can change your mind and decide to stay if you wish, depending on our progress after the first three days. No single supplement at any point.

The famous Heatherlea Brunnich's Guillemot! (featured in March 2012 Birdwatch)

Back in November, one of our Capercaillie Short Break holiday groups visited the Moray Firth to look for a rather flighty King Eider. Whilst checking the sea on both sides of Burghead, we also had a quick look around the harbour area itself. Many Heatherlea friends will know that there are often nice surprises here, maybe a close-up seal, sometimes a stray Black Guillemot or Long-tailed Duck, with

cracking close-up views of any bird or mammal loitering among the small boats. On this day, not much doing Just a Common Guillemot in winter plumage. Oops! Big mistake! Some time after the holiday ended and the Trip Report was written and published, a photo caught the eagle eye of another Heatherlea guide going through our computer records over Hogmanay. 'What's this Brunnich's pic doing mixed in with a Scottish holiday?' was the inevitable question. We like to think we don't miss much, but unfortunately we missed this one. The bird is now confirmed as mainland Scotland's first Brunnich's Guillemot since one found at Girdle Ness in 2007, and our three-day list was altered from 97 species to 98. The lesson is obvious, check everything! We certainly weren't expecting a Brunnich's, but that's the beauty of birding!



2013 Full Week holidays based at Mountview Hotel

Heatherlea offer more choice than any other wildlife operator in Scotland, with 16 exciting itineraries changing with the seasons, and 47 different departures to suit your busy diary. And that's just the choice from our home in Nethy Bridge; our **GO FURTHER!** island trips offer another 14 departures. All holidays are thoroughly researched, and most have been firm favourites over many years. We know the wildlife and special places very well, come and see!

In the current economic climate, with costs of everything increasing almost daily, it is difficult to predict trading conditions into the future. We are very aware that without the support of our loyal and valued customers, Heatherlea would not be able to go birding in the Scottish Highlands, and we feel privileged to enjoy this lifestyle in your company. For that reason, and to encourage you to join us next year, this Newsletter offers you our very best prices for 2013. To be honest, we simply can't offer cheaper deals*, so reserve your place with confidence! These prices will be held until 30 June (subject to availability), and once your deposit is paid, we guarantee not to surcharge prices or to cancel your holiday. We think this is a strong promise in an uncertain world, so be a Heatherlea **EARLY BIRDER** and book now to get our very best. All 'Been Before' discounts are included in this very low net price unless otherwise stated.

* we may occasionally offer competitions with holiday prizes, if you win one of these for a week where you are already booked, the competiton prize will supercede the booked holiday and we will credit the difference.



NEW! Birders' Scottish Yearlist



A brand new holiday to get your yearlist off to a cracking start. Top priorities will be Capercaillie, Crested Tit, Ptarmigan and Scottish (Parrot) Crossbill. Close behind will be Black and Red Grouse, Golden Eagle and a host of northern winter visitors, meaning that clients will have 'done' Scotland for resident birds on their 2013 list. We will spend a lot of time at the coast, particularly targeting rarities. King Eider and Surf Scoter are regular, others more than likely. Target around 120 quality ticks for your yearlist. Price £795 full week, £445 for Sat – Tues pm, then daily charge as required, £50pp DBB, £50pp birding

Highland Winter Birding

Feb 9, Feb 16, Feb 23, Mar 2

Wild landscapes and solitude (you won't see many other birders!) are combined with exceptional birding on this unique holiday, incorporating the very best in Scottish winter birding. Features an exciting expedition to coastal locations in the very far north. Price £1045,

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Top 20 Winter

Mar 9, Mar 16

Both eagles, Otter and Pine Marten on the west coast, where early dusk means we watch wildlife at times convenient to ourselves! Ptarmigan, Capercaillie, Black Grouse, Dolphins, Red Squirrel, Mountain Hare, the list is long! Price £1045,

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Spring into Scotland Mar 23, Mar 30, Apr 6, Apr 13, Apr 20

Perhaps the ultimate spring wildlife experience in Scotland, including an overnight on the west coast so we can enjoy a full day on Mull! All resident birds



are displaying or breeding, winter birds are still here in good numbers, and summer visitors arrive daily. Ever popular! Price £1045,

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Birding the Highlands in May

Apr 27, May 4, May 11

A gently-paced holiday to see the Scottish specialities without too much travelling. We are based at Mountview Hotel for a full week of exploration, featuring all the key resident and inland breeding birds. Ideal for 'first-time' birding visitors to Scotland. Price £1045,

EARLY BIRDER SPECIAL PRICE £845.

No single supplement.

High Season in the Highlands

May 18, May 25, Jun 1, Jun 8

Glorious Handa Island makes a great day out, and we stay overnight on the west to see White-tailed Eagle the following day. With all the birds settled for the season this is classic birding. Price £1045.

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Highlands and Orkney

Jun 15, Jun 22

Visit Orkney's key birding places in summer, where breeding Short-eared Owl, Hen Harrier and Black-tailed Godwit are found. Eagles, woodland species and seabirds too on this great trip. Price £1095,

EARLY BIRDER SPECIAL PRICE £845.

No single supplement.

Natural History

Jun 29, Jul 6

Birds, mammals, insects and flora on this unique and highly rewarding holiday, aimed squarely at the natural history all-rounder. Many species found only in the north of Scotland (or very rare further south) make this a fascinating holiday. Price £1045,

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Eagles, Divers and Dotterel Jul 13, Jul 20

The best British birding in July? Both eagles on Mull, Dotterel and Ptarmigan on the tops, divers in breeding plumage inland - great birding! Price £1045,

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

The Top 30

Jul 27, Aug 3, Aug 10

Ever popular, featuring the birds and mammals of a Highland summer. Great fun on the west coast, where Basking Shark are now regular, and Minke Whale,



Bottle-nosed Dolphin and Common Porpoise add a strong cetacean element. Crammed with birds and other wildlife! Price £1095, EARLY BIRDER SPECIAL PRICE £845. No single supplement.

NEW! Scottish Summer Highlights NEW Aug 17, Aug 24



A new thrill as we take a boat trip to the Burma Bank in the Hebrides to search for rare shearwaters, Petrels and

perhaps the big prize, Sabine's Gull, a rare passage migrant seen here recently. The gannetry at Troup Head, a day with Dotterel in mind - the highlights of late summer in Scotland with Heatherlea. Price £1045,

EARLY BIRDER SPECIAL

PRICE £845. No single supplement.

Scottish Specials and Autumn Migration

Aug 31, Sept 7, Sept 14 With migration in full swing this holiday can be very exciting; shearwaters, waders, skuas and petrels, plus of course our

resident specialities including

Caper, Blackcock, Crestie, Ptarmigan, both eagles and more. Includes a ferry trip to the Outer Hebrides - expect the unexpected! Price £1045,

EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Scottish Specials and the Outer Limits Sept 21, Sept 28, Oct 5

Including two nights on the Outer Hebrides, this is an exceptional itinerary which takes you to the 'outer limits' of Scottish birding. On other days we seek all the specialities of the Highlands. Price £1145,

EARLY BIRDER SPECIAL PRICE £895.

No single supplement.

The Top 20

Oct 12, Oct 19, Oct 26

An extraordinary holiday for those who love mammals and birds. Both eagles, otters, pine marten and badgers from a warm hide are just some of the highlights. See reports on our website! Price £1045,



EARLY BIRDER SPECIAL PRICE £795.

No single supplement.

Capercaillie Short Breaks

Sat Nov 2, Tues Nov 5, Sat Nov 9, Tues Nov 12

Three great birding days with Caper in mind, as we concentrate on the world's biggest grouse. Blackcock, Golden Eagle and Crested Tit are also on the agenda, and winter seawatching can be exceptional too. Price £520, 'Been Before' price £495. No single supplement.

Last and First Birds of the Year

Sun 29 Dec 2013 - Sun 5 Jan 2014

Fancy a treat this New Year? Finish your old birdlist with a flourish and make a great start to your new one. Targets include Capercaillie, Black Grouse, Ptarmigan (weather permitting!), Crested Tit and Scottish Crossbill TWICE. Price £1095.

EARLY BIRDER SPECIAL PRICE £945.

No single supplement.

'BIRDS of the SCOTTISH HIGHLANDS' Short breaks – from only £445.

Come and enjoy the birds of forest, moor, mountain, glen and the local coast. Everything is done the Heatherlea way, on a great break which won't break the budget, offering you personal service as a member of a small, exclusive group. Your expert guide will be with you for three days of top quality birding, happy to help you with ID, optics and anything else you need. Feb and March are great for specialities and winter visitors, so join us for brilliant wildlife watching. Accommodation and food at our famous Mountview

Hotel - tremendous value!



Targets include Capercaillie, Crested Tit, Scottish (Parrot) Crossbill, Black Grouse, Golden Eagle and more, including seaduck, waders, divers and Slavonian Grebe in breeding plumage. Obviously our itinerary

on such a short holiday is weather dependent, but you can reasonably expect to see 80+ species including many of Scotland's most sought-after birds.

Choose either a three-night break (Sat – Tues) for only $\pounds 445*$

*extra night arranged separately should you wish.

or a four-night break (Tues – Sat)

for only £495 no single supplement

2013 Dates

3-day break	4-day break
Sat pm – Tues pm	Tues pm – Sat am
Sat 9 Feb – Tues 12 Feb	Tues 12 Feb – Sat 16 Feb
Sat 16 Feb – Tues 19 Feb	Tues 19 Feb – Sat 23 Feb
Sat 23 Feb – Tues 26 Feb	Tues 26 Feb – Sat 2 Mar
Sat 2 Mar – Tues 5 Mar	Tues 5 Mar – Sat 9 Mar
Sat 9 Mar – Tues 12 Mar	Tues 12 Mar – Sat 16 Mar
Sat 16 Mar – Tues 19 Mar	Tues 19 Mar – Sat 23 Mar
Sat 23 Mar – Tues 26 Mar	Tues 26 Mar – Sat 30 Mar
Sat 30 Mar – Tues 2 Apr	Tues 2 Apr – Sat 6 Apr

A little more about pricing in Scotland

Not sure of your holiday dates for 2013? Book with us at our best prices, and change your dates later without penalty! Our EARLY BIRDER price offer is great value, but we know some of you need a little more time before fixing dates. Heatherlea can help. To make things easy in difficult times, we will waive our administration fees. This flexible approach means you can take advantage of our lowest prices, and at a later date change your booking without penalty, should the need arise. Since we are currently offering large discounts, this is a very attractive advantage. (Though please note your change can only be accepted subject to availability of your new preferred dates). As ever with Heatherlea, your low initial deposit is only £100, with the balance payable eight weeks before you travel, and you can change dates without penalty right up to the point where your balance is due. Please book before 30 June to take advantage of this offer.

Don't forget the Heatherlea great value promise;

- we won't change the price of any holiday here at Mountview Hotel once we have confirmed to you in writing (normally within seven days of receipt of your deposit).
- we won't cancel any holiday booked at Mountview Hotel.

Heatherlea Newsletters

We know our printed newsletters are very popular with many of you, and we will continue to produce them. The world is changing rapidly though, and we can respond very quickly to new circumstances with new holidays and special offers. The best way to communicate quickly these days is by email, and we now issue a monthly online Newsletter, posted on our website and sent directly to our email database.

To see this Newsletter, which may have short-term offers we can't include in printed copies, please email us at **info@heatherlea.co.uk** saying 'subscribe' and add your postcode and contact telephone number.

2013 GO FURTHER!GO FURTHER! birding holidays to the islands and far west coast.

Our famous GO FURTHER! holidays offer carefully designed itineraries where each holiday takes you to the right place at the right time. There is a wide choice



throughout the summer and autumn, and all holidays are run at a leisurely pace, though on Birders' Tours we might move more quickly to efficiently round up rare migrants and vagrants. Transfers from Nethy Bridge are included on most holidays, and your own vehicle may be left safely parked at Mountview Hotel free of charge to be collected when you return. Travel onwards, or stay an extra night (we can make arrangements for you) and use our morning courtesy bus to Aviemore transport links. As an alternative you can join us at a convenient point closer to our destination.

Transfers from Nethy Bridge are included on most holidays, and you will see that this is the most accomplical year to visit the Scottish islands.

Tremendous value! Check the cost and you will see that this is the most economical way to visit the Scottish islands – Heatherlea **GO FURTHER!** holidays make it easy and give you real savings. Please note that client numbers on these holidays are always very limited, though we do launch additional departures where possible.

OUTER HEBRIDES in Spring for birders

Sat 18 May – Fri 24 May, Sat 25 May – Fri 31 May

Price £1145 Single supplement £140. Maximum eight guests.

MULL, IONA and the Treshnish Isles

Wed 22 May - Sat 25 May

Price £795 Single supplement £75. Maximum eight guests.

SCOTTISH ISLAND ADVENTURE (by land and ferry)

'In my opinion our best holiday anywhere in the world.' Ian Ford, Heatherlea Guide Mon 3 June – Mon 10 June, Mon 17 June – Mon 24 June

Price £1575 Single supplement £140. Maximum ten guests.

SHETLAND and ORKNEY

Sat 22 June - Sun 30 June

Price £1695 Single supplement £160. Maximum ten guests.

WEST COAST WILDLIFE

Tues 25 June – Sat 29 June

Price £795 Single supplement £80. Leader from our resident team Max 7 guests.

ST KILDA and the HEBRIDES

Wed 3 July – Fri 12 July

Price £1995 Shared cabins. Ssupp £60 (land only). Maximum ten guests.

NORTH RONALDSAY and mainland ORKNEY for birders

Sat 14 Sept – Fri 20 Sept

Price £1075 Single supplement £120. Maximum eight guests.

SHETLAND for birders

Sat 21 Sept - Sat 28 Sept, Sat 28 Sept - Sat 5 Oct

Price £1325 Single supplement £140. Maximum ten guests.

FAIR ISLE for birders

Sat 5 Oct - Fri 11 Oct

Price £995 Shared accommodation only. Maximum nine guests.

OUTER HEBRIDES for birders

Sat 12 Oct - Fri 18 Oct

Price £1195 Single supplement £140. Maximum eight guests.

ISLAY and JURA

Sat 26 Oct - Wed 30 Oct

Price £895 Single supplement £60. Maximum eight guests.





2013 Overseas with Heatherlea

- a world of choice at very attractive prices!

Our overseas trips continue to be very popular, so we are launching 2013 dates well in advance, and offering new destinations with top guides at very competitive prices. Our realistic approach means we continue to work closely with agents to reduce costs, and pass the benefits on to you. Many of our spring dates book very early, and at the time of writing some are already filling.

Heatherlea overseas wildlife holidays have a reputation for being less intensive, whilst still producing memorable wildlife sightings for guests, who we consider to be friends as well as clients.

Please take a close look, we hope we have something to attract you, wherever you want to go! Full holiday detail can be seen on our website, or just ask for an Extra Pack and we will post a hard copy to you.



GAMBIA

African rainforest birding and migration Mon 14 Jan - Mon 21 Jan Price £1595 Single supplement £140 Leader Ian Ford plus experienced local guide(s). Max 12 clients.

SPAIN

Birding and Lynx Thurs 17 Jan - Thurs 24 Jan Price £1195 Single supplement £70 Leader Cristian Jensen. Max 7 clients.

COSTA RICA

Land of the Quetzal Sat 19 Jan - Sun 3 Feb Price £3595 Single supplement £395 Leader Paco Madrigal plus Kevin Shaw.



NEW 2013! HOLLAND and FLANDERS by train

Eurostar to Brussels then great winter birding Sat 9 Feb - Sat 16 Feb Price £1295 Single supplement £110

Leader Josef Leestmans plus another from our regular team with more than seven clients. Max 12 clients.



places to see geese, including Red-breasted, Whitefronted, Lesser White-Fronted, Dark-bellied Brent, and 'Tundra' Bean, with Snow Goose a distinct possibility. Seaduck include Smew, all three egrets, Eurasian Spoonbill and the first returning Black-tailed Godwits. Woodlands hold five woodpeckers including Black, and both Middle- and Lesser-spotted. Crested Tit, Firecrest, Great Grey Shrike and Woodlark overwinter. Many raptors include White-tailed Eagle, Marsh and Hen Harrier, Short-eared Owl and rarities perhaps including Rough-legged Buzzard. Other birds of note might include Caspian Gull, Bearded Tit, Bittern, Crested Lark and Serin. Exciting overseas birding, and not too far away by

Take the Eurostar to Brussels, and join Heatherlea guide

and Flanders native Jozef Leestmans as we visit the best

CAMARGUE

Wonderful European winter birding - without flights! Thurs 21 Feb - Thurs 28 Feb Price £1295 Single supplement £110 Leader John Poyner plus another from our regular team with more than seven clients. Max 12 clients.

NEW! PYRENEES long weekend

Fri 22 Feb - Tues 26 Feb 2013 Price £995 Single supplement £70 Leader Kevin Shaw plus Josele Saiz with more than seven clients.

Max 12 clients.



This time of year is ideal for Wallcreeper and Lammergeier at close quarters, as both can be expected at lower altitudes, and views can be exceptional. Common Crane are migrating northwards and eastwards, circling and calling in great number, and the supporting cast also includes Alpine Accentor, Black Woodpecker, Golden Eagle, Egyptian Vulture, Great and Little Bustards and Pin-tailed and Black-bellied Sandgrouse. Here is the report of the first full day of our last visit;

'Today we hope to see two key birds, Lammergeier and Wallcreeper. Perhaps the most important of all birds on the trip, their habitat means we can perhaps see them both in a short period, but will our luck be in? It is a sunny day, with a very cold breeze, and our spirits are high as we set off for the hills. Within 15 mins, we see Griffons circling on a thermal – this often means other birds too, and as the buses stop, the cry goes up in each at the same time 'Lammergeier!' There is an adult bird wheeling around right in front of us, and as we pile out to set up scopes, we can see it is carrying something - a bone perhaps? Our luck is most definitely in, and we experience perhaps the ultimate Pyrennean birding experience, as this mighty vulture repeatedly drops its bone to the rocky ground, swooping down to pick at the remains before carrying it aloft again for a repeat performance. We watch for over twenty minutes, noting the orangey-yellow plumage, the black 'moustache', the shape of wings and tail, truly a memorable sight. Breathtaking views, and what a start to our birding day. We tootle happily through the gorge, and stop at a picturesque spot to look for Wallcreeper. Nothing doing, but we chat about 'jizz', and the way this bird appears to be all wings and no tail in flight. A little further down the road, and as we arrive, a tiny bird, all wings and no tail, flies across the gorge. Can we all get onto it? You bet, and soon we are all watching this delightful grey and black bird creep across the rockface, giving regular views of deep red wings as it flicks around. Lovely, and everyone is well pleased.

NEPAL

Birds, mammals and culture – specially designed for the first-time visitor.
Thurs 28 Feb – Tues 12 March

Price £2995
Single supplement £295
Leader Mike Coleman plus

experienced local guide(s). Max 12 clients.



ICELAND IN WINTER

Winter birds and the Aurora Borealis – exclusive small group

Thurs 21 Feb - Mon 25 Feb

Price £1395 Single supplement £125 Leader Andy Jones. Max 5 clients.

MOROCCO

A big birdlist with a real flavour of North Africa!
Fri 22 March – Mon 1 April
Price £1745 Single supplement £150
Leader Cristian Jensen plus experienced local guide(s).
Max 12 clients.

ITALY - PO DELTA and VENICE

Great birding short break in Po area (ends Wed 10 April), with the option of continuing to Venice Sat 6 April – Sat 13 April
Price £1495 (full trip). £895 Po Delta only. Single

Price £1495 (full trip). £895 Po Delta only. Single supplement £310 (full trip), Po Delta only £110 Leader Kevin Shaw. Max 12 clients.

NEW! TRINIDAD and ST LUCIA

Unique itinerary featuring classic Trini plus endemic birds in St Lucia

Fri 12 April - Tues 23 April

Price £2995 Single supplement £250

Leader Mike Coleman plus experienced local guide(s). Max 12 clients. Our carefully designed and well-planned itinerary offers a great way to enjoy the birdlife of these islands. Not too much exertion, yet a rewarding and exciting birding experience as we seek all the hard-to-find neotropical species. As a change from the traditional combination of Trinidad and Tobago, this year we focus on beautiful St Lucia. We travel to key places including Millet Bird Sanctuary, Quilesse Forest Reserve, the View Fort wetlands and

more, searching for the five island endemics. The most famous is St Lucia Parrot, but the Oriole, Black Finch, Warbler, and Antillean Pewee all carry the island's name too. Other Antillean



specialities/near endemics include St. Lucia Nightjar, Antillean Bullfinch, Purple-throated Carib, Greenthroated Carib, Antillean Crested Hummingbird, White-breasted Thrasher, Scaly-breasted Thrasher, Pearly-eyed Thrasher, Gray Trembler, Antillean Euphonia, Lesser Antillean Flycatcher and Lesser Antillean Saltator. None of these birds is found in Trinidad or Tobago, so St Lucia is a valuable birding destination even if you have already been to this part of the world before. On St Lucia we stay in a comfortable hotel, and in Trinidad we again use the world-renowned Asa Wright Centre as our base, a superb and very comfortable place to stay, where we have a full and rewarding itinerary including Oilbirds, Scarlet Ibis in the mangrove swamp, and much more. We use British Airways international services all the way, and this brand new, unique holiday offers an ideal way to visit the Caribbean!

LESVOS

Eastern Mediterranean specialities and migrants

Sat 20 April – Sat 27 April

Sat 27 April – Sat 4 May

Price £1545 stay for second week for only £1245. Single supplement £125

Leader Chris Townend plus another from our regular team with more than six clients. Max 12 clients.

EXTREMADURA

Birds of prey, bustards, sandgrouse and brilliant birding Sat 20 April– Sat 27 April You can also go to Extremadura by train, please ask for details Price £1545 Single supplement £125



Leader Cristian Jensen plus another from our regular team with more than seven clients. Max 12 clients.

POLAND

Birding the specialities of north-eastern Europe Sat 4 May - Sat 11 May

Price £1695 Single supplement £130

Leader Gerard Gorman plus Dave Pullan with more than seven clients. Max 12 clients.

Poland is a must-see destination for the keen birdwatcher. Our carefully planned itinerary takes us to two fantastic areas in the north-east: the famous Bialowieza Primeval Forest and the vast marshes along the meandering River Biebrza. Much of eastern Poland is rural and unspoilt and "southern" birds such as Roller occur here alongside "eastern" ones like Citrine Wagtail and "northern" species such as Whooper Swan. The rich birdlife includes Great Snipe, Hazel Grouse, Greater and Lesser Spotted Eagles, Greenish and Aquatic Warblers and all 10 species of European woodpecker. Other key birds might include Pygmy & Tengmalm's Owls, five species of grebe including Black-necked, Red-necked and Slavonian, Great and Little Bitterns, Corncrake, Little and Spotted Crake, Marsh Sandpiper, Common Crane, Whiskered, White-winged Black and Black Terns, Garganey, Redbreasted and Collared Flycatchers, Nutcracker, Redwing, Firecrest, and Willow, Marsh and Crested Tits, Montagu's Harrier, Honey Buzzard, Hobby and Goshawk, Whitetailed and Golden Eagles, and Thrush Nightingale. Warblers include Icterine, River, Barred and Marsh, Great Reed, Savi's and possibly Blyth's Reed with a chance of Greenish Warbler too. Common Rosefinch and Hawfinch, Bearded and Penduline Tits and the white-spotted race of Bluethroat, may also be found.

Both Black Grouse and later Ruff can be seen at the lek. One evening we will visit a Great Snipe lek and at this same place Common Snipe will be drumming, Woodcock roding and there is even a chance of seeing Jack Snipe displaying. Besides birds we might also encounter the forest dwelling European Bison which survives in good numbers at Bialowieza. As if all this were not enough we may well come across Elk and Beaver. What a great list!

HUNGARY in Spring

Forest specialities and the Hortobagy National Park Sat 18 May – Sat 25 May Price £1495 Single supplement £120 Leader Gerard Gorman plus Ian Ford with more than seven clients. Max 12 clients.

SPAIN – from PYRENEES to EBRO DELTA

A tremendous birding tour from mountain top to the marshes of the Ebro delta. Expect around 170 species including many of the most sought after Iberian specialities

Sun 2 June – Wed 12 June Price £1695 Single supplement £155 Leader Cristian Jensen plus Kevin Shaw with more than seven clients. Max 12 clients.



NEW! Mainland ECUADOR

A tour of some of Ecuador's best reserves to find key species, including Cock-of-the-Rock and Andean Condor. Sun 22 Sept – Sun 5 Oct

Price £3495 Single supplement £395

Leader Dave Pullan plus experienced local guide(s). Max 12 clients.

Ecuador has about 1,600 birds recorded on the mainland, and on this holiday you will see more than 400 species as we visit many of the major habitats. From snow-covered mountain peaks, high páramos (unique mountain moorlands) and the valleys of the Andes, we travel down through many gradations of temperate and subtropical forests including low elevation cloudforests and the wet forest habitats of the famous Chocó bioregion.



Major highlights include the sheer number and variety of hummingbirds (just a few are Shining Sunbeam, Mountain Velvet-breast, Great Sapphirewing, Buff-winged Starfrontlet, three species of puffleg including the highly endangered and endemic Black-breasted Puffleg and Purple-backed Thornbill – you should see around 45 species) amongst colourful flocks of tanagers, flowerpiercers, and furnariids.

We will have an early start one morning to witness one of the most amazing birding experiences, the Cock-of-the-Rock lek. We also visit Antisana Reserve to see 'páramo' birds, including the largest raptor in the world, Andean Condor.

Antpittas and tapaculos call from the dense forest, and just a few of the birds we seek include Plumbeous Forest-Falcon, Moss-backed Tanager, Glistening-green Tanager, Chocó Trogon, Club-winged Manakin, Indigo-crowned Quail-Dove, Double-banded Greytail, Fulvous-vented Euphonia, Emerald and Scarlet-and-white Tanagers, Blue-whiskered Tanager and Long-wattled Umbrellabird. Elsewhere Andean Snipe, Ecuadorian Hillstar, Stoutbilled Cinclodes, Bar-winged Cinclodes, Tawny Antpitta, Streak-throated Bush-Tyrant, Red-crested Cotinga, Scarlet-bellied Mountain-Tanager, Buff-breasted Mountain-Tanager, and Black-backed Bush-Tanager will be amongst our targets. A huge birdlist!

More Heatherlea favourites coming soon for 2013



YELLOWSTONE and GRAND TETONS

ICELAND in summer

SPITSBERGEN

ANDALUCIA and N MOROCCO

INDIA - focus on Tigers

New holidays also coming soon

ANDAMAN ISLANDS

Fri 22 November

- Tues 3 December 2013 A one-off trip to collect endemic birds (plus plenty more) in an exotic location in the Bay of Bengal. Generally easy paced, guides Gerard Gorman and Kevin Shaw.



JAPAN Winter birding

Late Nov - early Dec 2013 New itinerary under development with leading Asian birder Mark Brazil, who will personally lead our trip. More detail coming soon!



now planned for spring 2014. Easy Caribbean birding with Heatherlea favourite Mike Coleman and Kevin

SWITZERLAND BY TRAIN! spring 2014

Eastern TURKEY spring 2014

More soon! Please let us know it you

WIN a birding holiday in Scotland with Heatherlea, with over £2,000 in prizes to be won!

in association with London Wild Bird Watch Fri 20 - Sun 22 April 2012

Entry is easy, please answer the questions, then using your skill and judgement answer the tie-breaker question. Entries can be made on-line, or by hand at our stand at the London Wild Bird Watch 20 -22 April 2012, or you can post this form to us at our office in Nethy Bridge (entries to arrive by Monday 23 April 2012). Good luck and we hope to see you soon!

For our Terms and Conditions and our Privacy Policy, please visit our website competition page.

1st Prize One-week holiday for two at our Hotel in Scotland, worth £2090

Choose from our 'Highlands and remotest Aberdeenshire' August 2012 or 'Scottish Specials and Autumn Migration' Sept 2012 itineraries.

2nd Prizes Two Heatherlea vouchers worth £250 each against a Scottish holiday in 2012

Choose any full-week holiday based at our Hotel in 2012.

Voucher to be deducted from full price, not to be used in connection with any other offer or discount.

1. How old are you? Under 20	5. If you were to go birding in Scotland, which of these would be among your key targets? Golden Eagle Crested Tit Ptarmigan White-tailed Eagle Osprey Capercaillie Black Grouse Spring migration Autumn migration Seabirds 6. Which of these destinations would you like to visit during your holiday? Scottish Highlands	
3. How much did you spend per person on your last birdwatching holiday? Less than £500 £500 - £1000 £1000 - £3000 More than £3000 4. If you were to visit Scotland would you prefer to visit for? Longer than one week About one week About one week Just a day or two	Mull Orkney and Shetland Outer Hebrides It doesn't really matter, wildlife is top priority Other 7. Using your skill and judgement please tell us in no more than 15 words why you would like to come birdwatching in Scotland with Heatherlea.	
8. A few details so we can contact you if you win.		
Name: City/T	Town:	
ZIP/Postal Code: Count	ry:	
Email Address:	Phone Number:	
By checking this box you agree to us contacting you via email. We do not share your data with others and keep it securely and safely.		